Published by Amudena

As of October 2026

Muan-gun

무안군 · Muan-gun

You left your plans at home, right? Then you're all set.



Hi there!
I'm **Dokko**, your guide at Amudena.
I'm actually a burr seed, the kind that hitches a ride on passersby's clothes and travels.
This time, I'm sticking to you!

"Amudena" is Korean for "anywhere." Wherever the wheel lands, that's where you're going.



무안회산백련지 *Muan Hoesan Baengnyeonji · Hoesan White Lotus Pond* · Photos: Korea Tourism Organization (KOGL Type 1)

Amudena travel rules



Just four promises before we go!

NO apps
Phone for calls and camera only! Let the rest take a nap.

NO reservations
Pick your stay and your meals when you get there. Kinda exciting, right?

NO GPS
Find your way with a paper map and by asking the locals.

NO expressways
National and local roads only. You see more when you go slow.

How to use this book



Stay 1 **Eat 1** **Café 1** **See 1** Stay 1, Eat 3, Café 1, See 2...
calling things by number is handy.
Like "Call Stay 3!"

- We haven't been there ourselves. But you can call and judge for yourself. So what will you choose?
- We left out prices on purpose. If you're curious... yep, call them.
- As of October 2026. Different from what you see? That's travel too!
- Bring your own paper map. I'm a seed, so I don't have one. I just stick on and go.

In a hurry? Start here

112	119	1330
Police	Fire & Ambulance	Tourist Info

Your embassy

U.S. Embassy (24h for emergencies)	02-397-4114
British Embassy	02-3210-5500
Embassy of Canada	02-3783-6000
Australian Embassy	02-2003-0100

Local tourist info centers

무안군 관광안내소 EN·日·中	061-454-5224
회산백련지 관광안내소 EN·日·中	061-281-0595

What's Muan-gun like?



I'll tell you just a little of what I know.

A land of mudflats and beaches. Red Clay Mudflat Land in Haeje-myeon, Topmeori Beach in Mangun-myeon!

Illo-eup has Hoesan White Lotus Pond, and the Muan Lotus Festival is held in late June.

Straw-fire grilled pork belly in Mongtan-myeon, fresh Hanu beef in Muan-eup, and an octopus alley too! No time to get hungry.

#Hoesan White Lotus Pond #Muan octopus #Red clay mudflats

This year's festival calendar

1.24 – 1.25	무안 겨울 숭어축제 *Muan Gyeoul Sungeo Chukje · Muan Winter Mullet Festival*
6.26 – 6.28	무안 연꽃축제 *Muan Yeonkkot Chukje · Muan Lotus Festival*
8.29 – 9.6	무안 황토 갯벌축제 *Muan Hwangto Gaetbeol Chukje · Muan Red Clay Mudflat Festival*
11.20 – 11.22	무안 YD 페스티벌 *Muan YD Peseutibeol · Muan YD Festival*

💡 **TIP!** Dates change every year. Quietly check with 1330 before you go.

Where to sleep?



I only picked places with phone numbers.
Whether there's a free room...
you'll have to call to find out!

💡 **TIP!** Addresses are kept in Korean so you can show them to locals.

Stay 1

무안비치호텔 *Muan Bichi Hotel · Muan Beach Hotel*

A hotel on Topmeori-gil. Western-style rooms, and check-in is 3 p.m.!

Tel	**0507-1317-4901**
Rooms	Western-style room
Check-in	15:00
Address	전남광주통합특별시 무안군 톱머리길 36

Stay 2

노을빛바다펜션 *Noeulbit Bada Pensyeon · Sunset Sea Pension*

A pension on Holtong-gil in Hyeongyeong-myeon. Shall we go out to see the sunset, like the name says? Check-in is 3 p.m.

Tel	**010-4249-8255**
Check-in	15:00
Address	전남광주통합특별시 무안군 현경면 홀통길 55

Stay 3

바람의 바다 펜션 *Baramui Bada Pensyeon · Sea of Wind Pension*

A pension in Hyeongyeong-myeon. Rooms are named Haennim, Haebaragi, Seomchorong and more. Check-in is 2 p.m.!

Tel	**061-453-0730**
Rooms	Haennim (Sun) · Haebaragi (Sunflower) · Seomchorong (Bellflower), etc.
Check-in	14:00
Address	전남광주통합특별시 무안군 현경면 신정길 101

Stay 4

무안톱관광펜션 *Muan Top Gwangwang Pensyeon · Muan Top Tourist Pension*

A pension on Topmeori-gil in Mangun-myeon. Choose Korean-style or Western-style rooms.

Tel	**061-454-7878**
Rooms	Korean-style room · Western-style room
Check-in	15:00
Address	전남광주통합특별시 무안군 망운면 톱머리길 118

Where to sleep? (cont.)

Stay 5

마음의 고향 *Maeumui Gohyang · Hometown of the Heart*

A Korean-style room stay in Hyeongyeong-myeon. Check-in from 3 p.m.

Tel	**0507-1401-3833**
Rooms	Korean-style room
Check-in	15:00
Address	전남광주통합특별시 무안군 현경면 현해로 335-31

What to eat?



I can't tell if they're famous, either.
Just remember one signature dish and go!
This guide also includes 2 cafés.

Eat 1

무안식당 *Muan Sikdang · Muan Restaurant*

A fresh Hanu beef place in Muan-eup. Hanu gomtang and beef tartare bibimbap too, they say. Open all year.

Tel	**0507-1462-1921**
Signature	한우생고기 *Hanu Saenggogi · Fresh Hanu beef*
Also	Hanu beef tartare bibimbap · Hanu gomtang · Hanu bulgogi hot pot, etc.
Hours	10:00~22:00
Closed	Open year-round
Address	전남광주통합특별시 무안군 무안읍 면성2길 36

Eat 2

두암식당 *Duam Sikdang · Duam Restaurant*

A straw-fire grilled pork belly place in Mongtan-myeon! Barley bibimbap with chilge crab sauce too, they say. Break from 3 to 4 p.m.

Tel	**0507-1375-3775**
Signature	짚불구이 삼겹살 *Jipbul Gui Samgyeopsal · Straw-fire grilled pork belly*
Also	Barley bibimbap with chilge crab sauce · Straw-fire grilled tteokgalbi · Straw-fire grilled pork neck, etc.
Hours	11:00~20:00 · Break 15:00~16:00 · Last order 19:00
Closed	Open year-round
Address	전남광주통합특별시 무안군 몽탄면 우명길 52

Eat 3

일로장터백반 *Illo Jangteo Baekban · Illo Market Set Meals*

A set-meal place on the same Sijang-gil as Illo Traditional Market. Closes at 4 p.m., and closed Mondays.

Tel	**061-282-8074**
Signature	백반 *Baekban · Korean set meal with side dishes*
Hours	09:30~16:00
Closed	Closed Mondays
Address	전남광주통합특별시 무안군 시장길 17-12 일로장터백반

Eat 4

밥먹으러 임성가는길 *Bammeogeureo Imseong Ganeun Gil · On the Way to Imseong for a Meal*

Braised pork ribs with kimchi is the signature. Braised hairtail and galbitang too, they say. Sundays only until 3 p.m.!

Tel	**062-283-4789**
Signature	돼지갈비김치찜 *Dwaeji Galbi Kimchi-jjim · Braised pork ribs with kimchi*
Also	Country-style braised hairtail · Rich galbitang · Braised mackerel with aged kimchi, etc.
Hours	Mon–Sat: 10:40~20:40 · Break 15:00~17:00 · Last order 20:00 Sun: 10:40~15:00 · Last order 14:30
Closed	Open year-round
Address	전남광주통합특별시 무안군 신기길 14

What to eat? (cont.)

Café 1

모리아101 *Moria 101*

A café in Illo-eup. For brunch there's pork cutlet, pasta, and pizza too, they say. Open all year.

Tel	**0507-1355-1019**
Signature	아메리카노 *Amerikano · Americano*
Also	Handmade pork loin cutlet · Carbonara pasta · Sweet pumpkin calzone pizza, etc.
Hours	09:30~21:00 · Brunch 11:30~18:00
Closed	Open year-round Brunch is closed on Seollal and Chuseok days
Address	전남광주통합특별시 무안군 일로읍 일로신흥길 59

Café 2

무안 879 *Muan 879*

A café at 879 Cheongun-ro in Mangun-myeon. Turns out the name is the address! Open all year, they say.

Tel	**0507-1382-0879**
Signature	아메리카노 *Amerikano · Americano*
Also	Einspänner latte · Grapefruit ade · Passion fruit ade · Matcha latte, etc.
Hours	09:00~20:00 (Last order 19:30)
Closed	Open year-round
Address	전남광주통합특별시 무안군 망운면 청운로 879

Where to go?



I picked just 5 spots.
We'll meet the rest on the road.

See 1



무안회산백련지 *Muan Hoesan Baengnyeonji · Hoesan White Lotus Pond*

A pond on Baengnyeon-ro in Illo-eup. The lotus village 'Haneul Baengnyeon Maeul' is on the same road!

Time **09:00~18:00**
Address 전남광주통합특별시 무안군 일로읍 백련로 333

See 2

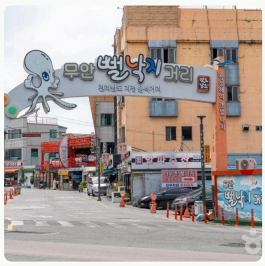


무안황토갯벌랜드 *Muan Hwangto Gaetbeol Raendeu · Muan Red Clay Mudflat Land*

A mudflat park in Haeje-myeon. The Muan Red Clay Mudflat Festival, with a name just like it, starts in late August!

Time **09:00~18:00**
Closed Every Monday (if Monday is a public holiday, closed the next day) · Jan 1 · Lunar New Year's Day and Chuseok Day
Address 전남광주통합특별시 무안군 해제면 황토갯벌길 88

See 3



무안낙지골목 *Muan Nakji Golmok · Muan Octopus Alley*

An alley lined with octopus restaurants. If you're in Muan, have a plate of nakji!

Time **Varies by shop**
Closed Varies by shop
Address 전남광주통합특별시 무안군 성남1길 171 성경식당

See 4



톱머리 해수욕장 *Topmeori Haesuyokjang · Topmeori Beach*

A beach in Mangun-myeon. There are two places to stay on Topmeori-gil!

Time **Open anytime**
Closed Open year-round
Address 전남광주통합특별시 무안군 망운면 피서리

Where to go? (cont.)

See 5



홀통유원지·홀통해변 *Holtong Yuwonji·Holtong Haebyeon · Holtong Resort · Holtong Beach*

A beach in Hyeongyeong-myeon. Noeulbit Bada Pension is on Holtong-gil.

Time	**10:00~18:00**
Closed	Open year-round
Address	전남광주통합특별시 무안군 현경면 오류리

Don't miss it on market day



Muan Traditional Market on days with a 4 or 9, Illo Traditional Market on days with a 1 or 6!
Illo Jangteo Baekban is on the same Sijang-gil too.

무안전통시장 *Muan Jeontong Sijang · Muan Traditional Market*

Market days	**Every month on the 4·9·14·19·24·29**
Type	Permanent market + '4' market days
Sells	Produce, meat, seafood, processed foods, clothing, shoes, household goods, eateries
Stalls	65
Address	전라남도 무안군 무안읍 승달로 11

일로전통시장 *Illo Jeontong Sijang · Illo Traditional Market*

Market days	**Every month on the 1·6·11·16·21·26·31**
Type	Permanent market
Sells	Produce, meat, seafood, processed foods, clothing, shoes, household goods, eateries
Stalls	56
Address	전라남도 무안군 일로읍 시장길 11-22

💡 **TIP!** There may be markets not listed here. Ask a local, "여기 장 언제 서요? (yeo-gi jang eon-je seo-yo?)"

Ask the locals



The answers aren't in this book.
The locals know the real ones.

💡**TIP!** Show the Korean sentence as is, or read it out loud.

Q1 **무안 낙지는 어떻게 먹어야 제일 맛있어요?**
mu-an nak-ji-neun eo-tteo-ke meo-geo-ya je-il ma-si-sseo-yo?
What's the tastiest way to eat Muan octopus?

Q2 **짚불구이는 다른 구이랑 뭐가 달라요?**
jip-bul-gu-i-neun da-reun gu-i-rang mwo-ga dal-la-yo?
How is straw-fire grilling different from other grilling?

Q3 **회산백련지는 언제 가면 연꽃이 제일 예뻐요?**
hoe-san-baeng-nyeon-ji-neun eon-je ga-myeon yeon-kko-chi je-il ye-ppeo-yo?
When are the lotus flowers prettiest at Hoesan White Lotus Pond?

Q4 **갯벌 체험은 어디서 할 수 있어요?**
gaet-beol che-heo-meun eo-di-seo hal su i-sseo-yo?
Where can I try a mudflat experience?

Q5 **해 지는 거 보려면 어느 해변이 좋아요?**
hae ji-neun geo bo-ryeo-myeon eo-neu hae-byeo-ni jo-a-yo?
Which beach is best for watching the sunset?

Q6 **무안전통시장 장날엔 뭘 사 가면 좋아요?**
mu-an-jeon-tong-si-jang jang-na-ren mwol sa ga-myeon jo-a-yo?
What's good to buy on market day at Muan Traditional Market?

Dues ledger



Keep money talk tidy!
Treasurer, we're counting on you.

Treasurer _____ Members ____ Dues per person _____ KRW

Date	Details	Money in	Money out	Balance

Spot something wrong? Let us know · admin@amudena.net · amudena.net

Info: Korea Tourism Organization TourAPI · Ministry of the Interior and Safety lodging & farm/fishing-village guesthouse data · Nationwide Traditional Market Standard Data (Public Data Portal) | Photos: Korea Tourism Organization (KOGL Type 1) | The intro sentences were newly written from the factual items in the data only.